

Summer Day Camp  
Junior Life Guard  
*Week at a glance*

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM</b>	Icebreaker Games	Icebreaker Games	Icebreaker Games	Icebreaker Games	Icebreaker Games
	Team Building and Co-operative Games	Team Building Games	Creative Art	<b>Trip day Cedar Park</b>	Team Building Games
	Snack	Snack	Snack		Snack
	Star Patrol Skills	Bronze Star Skills	Team Building Games		Drama Activities
<b>PM</b>	Lunch	Lunch	Lunch	Lunch	Lunch
	Water Safety Skills	Bronze Medallion Skills	Swimming Shadow Lifeguard		Review
	Pool Games				Wacky Waterways
	Snack	Snack	Snack	Snack	Snack
	Water Safety	First Aid Scenarios	Outdoor Activities	Creative Art	Camp Rally
	Campfire Songs & Activities All camp activity	Campfire Songs & Activities All camp activity	Campfire Songs & Activities All camp activity	Campfire Songs & Activities All camp activity	Campfire Songs & Activities All camp activity

(No actual fire is used during Camp Fire)

\*Schedule may change based on program needs and space availability

\*If you require any additional information please contact the Child & Youth Program Coordinator  
905 885 7908 ext 3424/ daycamp@porthope.ca